

# Peak Performance Sports & Spine

| PATIENT INFORMATION                                 |   |  |
|---|---|--|
| Last Name:  |   | First Name:  |
| DOB:  | SSN:  | Cell Phone:  |
| How do you prefer to receive appointment reminders? | <input type="checkbox"/> Text to cell phone | <input type="checkbox"/> Receive automated voice call on primary # |

| Emergency Contact Person |             |
|--------------------------|-------------|
| Last Name:               | First Name: |
| Relation to patient:     | Phone #:    |

### **ACKNOWLEDGEMENT OF Notice of Privacy PRACTICES**

I have been informed - either in writing or verbally by a staff member- of the "Notice of Privacy" practices (HIPAA regulation) of Peak Performance Sports & Spine.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **ATTENDANCE POLICY**

All appointments cancelled with less than a 24 hour notice, and appointments missed with no notice, will be subject to a **\$50.00 fee**. I have read, understand and agree to this policy.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**NON-MEDICARE LIFETIME AUTHORIZATION, Assignment and Release:** I hereby authorize payment directly to my provider for all insurance benefits otherwise payable to me for medical services rendered. I understand that I am financially responsible for all charges, whether or not allowed or paid by my insurance, and for all services rendered on behalf of my dependents. I also understand that it is my responsibility to know when my maximum insurance benefits have been met and I agree to pay for services at full fee thereafter. I authorize my provider to release the information required to secure the payment of benefits. I authorize the use of this signature on all insurance submissions. I have read, understand and agree to the above.

\_\_\_\_\_ Date

\_\_\_\_\_ Signature of Guarantor

### **MEDICARE LIFETIME AUTHORIZATION**

I request that payment of authorized MEDICARE benefits to be made to my attending Provider, for any services furnished me by the Provider. I agree to be held personally responsible for services provided to me that are not authorized by MEDICARE. I authorize any holder of medical information about me to release to the HEALTH CARE FINANCING ADMINISTRATION, aka CMS and its agents any information to determine these benefits or the benefits payable for related services.

\_\_\_\_\_ Date

\_\_\_\_\_ Signature of Guarantor

# Peak Performance Sports & Spine

## AUTHORIZATION FOR RELEASE OF MEDICAL RECORDS

I authorize Peak Performance Sports & Spine to obtain copies of my past and current medical records from your office.

(Please mark any of the following tests related to this condition / injury you had)

MRI   
CT scan   
X-ray

Regional Hospital       Valley Imaging       Memorial Hospital

Other: \_\_\_\_\_

Please fax indicated records to 509-453-7330, or mail to:  
2505 Racquet Ln, Yakima, WA 98902.

Thank you for your prompt response.

To: \_\_\_\_\_

Regarding: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# Patient Health History Questionnaire

\_\_\_\_\_

**Patient Name**

\_\_\_\_\_

**Date of Birth**

\_\_\_\_\_

**Today's Date**

**Date of Injury/ Onset:** \_\_\_\_\_

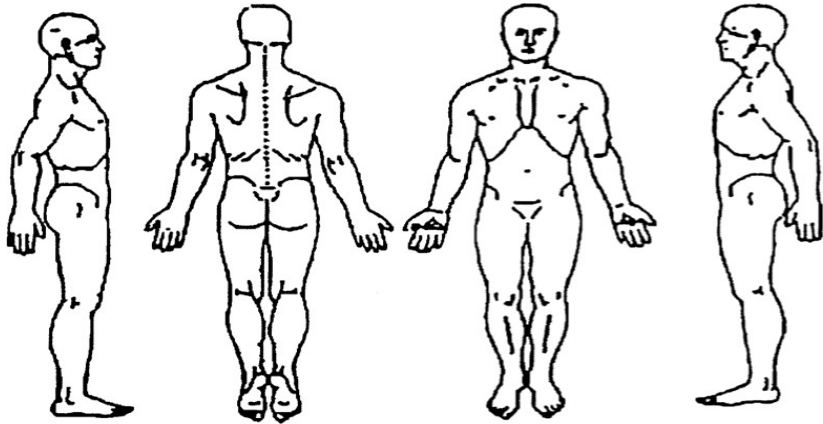
**Duration of Symptoms:** \_\_\_\_\_

Are you currently experiencing pain?  Yes  No

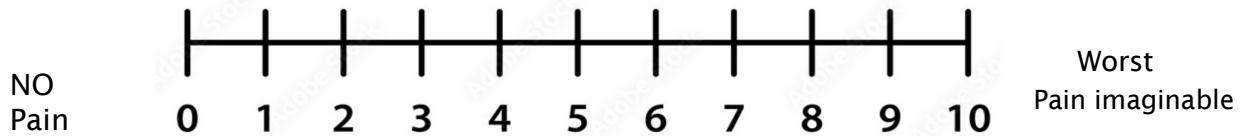
Indicate the areas of pain on the following diagram:

Describe the pain:

- Sharp
- Burning
- Pain
- Numbness
- Pulsating



**Please circle the number that indicates your worst level of pain when doing activity today.**



**Diagnostic tests related to the current condition:**

- Bone scan
- Labs
- NCV/EMG
- X-ray
- CT scan
- MRI
- Ultrasound
- Other: \_\_\_\_\_

**Are you experiencing any of these conditions related to your current problem/complaint?**  Yes  No

*If yes, please specify:*

- Chest pain or pressure
- Nausea/vomiting
- Under doctor's care
- Bowel/bladder function difficulties
- Night sweats/night pain
- Unexplained shortness of breath
- Dizziness/fainting
- Numbness in the genital/anal area
- Unexplained weakness
- Fever/chills
- Pregnant? # of weeks \_\_\_
- Unexplained weight change
- Headaches
- Problems with vision, hearing and speech.
- Other: \_\_\_\_\_

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**Fall Assessment:** Have you had two (2) or more falls in the last 12 months?  Yes  No  
 Have you had any falls in the past 12 months?  Yes  No

**Allergies:** Are you allergic/sensitive to latex or adhesive?  Yes  No  
 Do you have any other allergies?  Yes  No  
 If yes, please list: \_\_\_\_\_

**Please indicate any previous surgeries or medical conditions:**

| Condition/Surgery:                         | Description   |
|--|---|
| <input type="checkbox"/> Cancer            |   |
| <input type="checkbox"/> Cardiac           | <input type="checkbox"/> High Blood Pressure <input type="checkbox"/> Heart Attack <input type="checkbox"/> Congestive Heart Disease                                |
| <input type="checkbox"/> Endocrine         | <input type="checkbox"/> Diabetes <input type="checkbox"/> Thyroid condition  |
| <input type="checkbox"/> Genitourinary     |   |
| <input type="checkbox"/> Infection         |   |
| <input type="checkbox"/> Neurological      | <input type="checkbox"/> Stroke <input type="checkbox"/> Seizures <input type="checkbox"/> Multiple sclerosis   |
| <input type="checkbox"/> Orthopedic        | <input type="checkbox"/> Osteoporosis   |
| <input type="checkbox"/> Pulmonary         |   |
| <input type="checkbox"/> Reproductive      |   |
| <input type="checkbox"/> Implanted devices | <input type="checkbox"/> Pacemaker <input type="checkbox"/> Nerve stimulator <input type="checkbox"/> Pumping device <input type="checkbox"/> Deep Brain Stimulator |
| <input type="checkbox"/> Other             |   |

**Home environment:**

Indoor stairs with railing? How many? \_\_\_  Outdoor stairs with railing? How many? \_\_\_  
 Indoor stairs without railing? How many? \_\_\_\_  Outdoor stairs without railing? How many? \_\_

**Employment status:** Occupation, if applicable: \_\_\_\_\_ Hours/Week: \_\_\_\_\_

- Full time  Part time
- Part Time
- Retired
- Disabled
- Unemployed
- Unable to work due to current condition
- Work without restrictions
- Working same job with restrictions
- Working different job with restrictions

**Social History:** Tobacco Use:  Never  Previously, but quit  Yes, # per day: \_\_\_\_\_  
 Alcohol Use:  Never  Previously, but quit  Yes, # per day: \_\_\_\_\_  
 Drug Use:  Never  Previously, but quit  Yes, # per day: \_\_\_\_\_

**By signing your name below, you agree that the information provided is true to the best of your knowledge.**

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

|  |
|--|
| <p><b>For office use only</b></p> <p><b>Form reviewed by (PT initials):</b> _____ <b>Date:</b> _____</p> |
|--|